

I Keep Healthy and Safe



I practice fire safety.

Every family should have a fire safety plan. It is important to have a safety plan so I know where to go to be safe when a smoke alarm sounds. I can learn more about fire safety from firefighters. They are people I can trust.

Firefighters are trained to put out fires. They can save me from being burned. They wear special clothing and wear gloves, masks and tanks to help them do their jobs safely. They will not hurt me. I always follow the firefighter's directions. I tell them if I don't understand.

- Fire is very hot and can burn me. Smoke from a fire can harm me, too.
- When I hear a smoke alarm, I get out of the building and stay out until an adult tells me it is safe.
- Smoke alarms will make a loud sound when there is a fire or smoke. As soon as I hear the smoke alarm, I say the word "fire" loudly, then I leave the building I am in. I always touch the door with the back of my hand before opening it. If the door is hot, I need to find another way out.
- Once I am outside, I can call 911 from a cell phone or a neighbor's home.



